MEMBER BENEFITS – GYM MEMBERSHIP

Discounted Gym Membership - Saints Gym – St Austell Rugby Club

Charlestown Rowing Club has negotiated an agreement with the Saints Gym at St Austell Rugby Club to allow discounted Gym Membership for our Rowing Club Members.

The offer is for the £15 per year associate Gym membership, which will then enable you to access a **Prestige Plus** gym membership at the discounted price of £15 per month.

To join the Saints Gym you will need to go to the reception at the gym, and they will confirm you are on our membership list to ensure you are a paid up CRC member to access the discounted membership. You will need to give your name, postcode, and CRC membership number. This will be sent out as part of the membership email

See the website for more information www.saints-gym.co.uk

This is an offer provided by a third party not by the rowing club and at present, our agreement will cover the period of 3 years from now. This is a time limited Member benefit, not a fixed part of our club membership and as such should be enjoyed as an extra benefit of Club Membership; not a permanent part of the membership.

Any problems in accessing this benefit please contact any Committee Member.

MEMBER BENEFITS - GROUP ACCIDENT INSURANCE

Summary Cover Details	(Cop	y of Policy av	vailable on request)
Insured:	Charlestown Rowing Club		
Sports Insured:	Rowing		
Members covered	Members (aged 18 to 64 years)		
	Juniors (aged under 18 years)		ears)
	Senior Members Aged 65 t		to 70 Years
Geographical Limits:	United Kingdom and Northern Ireland and/or Republic of Ireland		
Maximum Benefits			
Death:			£25,000
Permanent Total Loss of Sight in One Eye:			£6,250
Permanent Total Loss of Sight in Both Eyes:			£25,000
Loss of One or More Limbs:			£25,000
Permanent Total Loss of Speech:			£25,000
Permanent Total Loss of Hearing - In One Ear:		£6,250	
		In Both Ears	: £25,000
Permanent Total Disablement:			£25,000
Temporary Total Disablement:		£100 Per Week (excludes junior members and members aged 65 and over)	
Insurance Company:			AM Trust (underwritten by Lloyds of London)
Policy Excess Period:			First 14 Days of Disablement

Policy Conditions

- No claims in the past five years
- Temporary total disablement paid up to 104 weeks from the date on which the insured person first became disabled
- This insurance excludes any claims arising from disability or condition of a reoccurring or chronic nature of an insured person for which medical advice or treatment has been given prior to the inception date of the insurance